Dr. Amy McPherson is a Scientist in the Bloorview Research Institute (Toronto, Canada) and Assistant Professor in the Dalla Lana School of Public Health and Rehabilitation Sciences Institute at the University of Toronto. Since 2014, She has been Co-Lead of the Centre for Leadership in Participation and Inclusion at Holland Bloorview Kids Rehabilitation Hospital (Toronto, Canada). Dr. McPherson’s program of research has focused for over a decade on promoting health and wellbeing for children with long-term conditions and disabilities. She has a particular interest in the use of strengths-based interventions to support children to identify and achieve their goals. Dr. McPherson has worked with Spina Bifida associations across Canada and has developed clinical guidelines for the Spina Bifida Association in the United States. In 2016, Dr. McPherson was awarded the Dr John Whittaker Memorial Award for outstanding contributions in research to improve the quality of life of children with developmental disabilities.