CLEANING and STORING CATHETERS, CONES and SYRINGES

Guidelines for nurses

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1) **Cleaning and storing the catheter and syringe**

- Wash the outside of the catheter with water
- Rinse catheter 3 times with water and blow air through to remove excess water
- Shake the catheter as dry as possible, leave it to dry in the sun when possible and store between a clean piece of cloth. Iron the cloth beforehand
- Syringe: wash with water and use air to remove excess water. Store disconnected parts
- Catheters should be replaced every 3 months
2) **Bowel washout set: cone + bag + tube**

Good maintenance of the washout set prolongs the life span of the material and avoids infections.

- A bowel washout set consists of:

1. **Cleaning after each use:**
   - Clean all parts of the set after each use: wash with water and soap and rinse several times with water
   - Let all parts dry completely

2. **Periodical cleaning:**
   - To avoid fungus, it is advised to clean the sets more thoroughly every month
   - Use a solution of water with bleach/chlorine
   - Rinse with clean water and let dry completely